

CURRICULUM VITAE
Kirsten Cunha Bodenheimer, DAT, LAT, ATC, CES
Assistant Professor of Professional Practice
School of Kinesiology
Louisiana State University

CONTACT INFORMATION

Mailing Address 50 Field House Drive, Baton Rouge, LA 70803
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EDUCATION

University of Florida

Doctor of Athletic Training: College of Health and Human Performance, Department of Applied Physiology and Kinesiology

Graduated: May 2022

Concentration: Teaching and Leadership

Thesis: *Kinematic Variability of Sprung vs. Un-sprung floors in Ballet Dance*

Sacred Heart University

Bachelor of Science, Athletic Training: College of Health Professions, Department of Physical Therapy & Human Movement Science

Graduated: May 2020

Concentration: Honors

Capstone: *The Effect of Hyperbaric Oxygen Therapy on Perceived Quality of Life in Patients with Post-Concussion Syndrome*

FULL-TIME ACADEMIC EXPERIENCE

Louisiana State University, Baton Rouge, Louisiana

Assistant Professor of Professional Practice: College of Human Sciences and Education, School of Kinesiology Fall 2023-Present

Coordinator: Bachelor of Science in Kinesiology Pre-Athletic Training Concentration, College of Human Sciences and Education, School of Kinesiology
Fall 2024-Present

Southeastern Louisiana University, Hammond, Louisiana

Clinical Assistant Professor: College of Nursing and Health Studies, Department of Kinesiology and Health Sciences
Summer 2022-Summer 2023

Clinical Education Coordinator: Master of Science, Athletic Training, Entry-level Athletic Training Education Program;
Summer 2022-Summer 2023

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Clinical Education Coordinator: Bachelor of Science, Athletic Training, Entry-level Athletic Training Education Program
Summer 2022-Summer 2023

PART-TIME ACADEMIC EXPERIENCE

University Laboratory School, Baton Rouge, Louisiana
Adjunct Instructor: Sports Medicine I
Fall 2026

Southeastern Louisiana University, Hammond, Louisiana
Adjunct Instructor: Bachelor of Science in Kinesiology
Summer 2023-Fall 2023

CLINICAL (NON-ACADEMIC) EXPERIENCE

Louisiana State University, Baton Rouge, Louisiana
PRN Athletic Trainer: LSU Camps and Clinics
2023-Present

Baton Rouge Orthopedic Clinic Foundation, Baton Rouge, Louisiana
PRN Athletic Trainer
2023-Present

Action Medicine Consultants LLC, Baton Rouge, Louisiana
PRN Athletic Trainer
2023-Present

Louisiana State University, Baton Rouge, Louisiana
Head Athletic Trainer: LSU Spirit Squads: Cheerleading, Tiger Girls, and Team Mike
2023-2024

Southeastern Louisiana University, Hammond, Louisiana
Volunteer Athletic Trainer: Division I Football
2022-2023

University of Florida, Gainesville, Florida
Head Athletic Trainer: School of Theatre and Dance
2020-2022

Volunteer Athletic Trainer: Division I Football
2020-2022

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PUBLICATIONS

(Senior/ principal author(s) = underline; Self = bold; Undergraduate student = †; Graduate student = ‡)

Books, Contributor of Chapter(s)

1. **Cunha KJ**, Sumrall K. Rehabilitation of Concussions. In: Rehabilitation for Sports Medicine and Athletic Training, pg 739-768, (Ed. Prentice W, Bobo L, Benson A), Routledge, New York, NY, ISBN-13: 978-1040680391, 2026.

Submitted Manuscripts

2. Greer BK, Abegg M, **Cunha KJ**, Panton L. Relationship Between Sleep Quantity and Quality and Performance Variables in Female Collegiate Soccer Players. *Journal of Strength and Conditioning Research*.
3. **Cunha KJ**, Brown CD. Core stabilization programming reduces low back pain in dancers: A critically appraised topic. *Journal of Sport Rehabilitation*.

PRESENTED PAPERS AND LECTURES

National Peer-Reviewed

1. ‡Haydel J, Kern A, Willis D, Benson A, **Cunha KJ**, Hirschhorn R. Contralateral anterior cruciate ligament rupture with posterolateral corner injury in a division I football athlete: A Type 3 CASE Study. National Athletic Trainers' Association Clinical Symposia & AT Expo. June 2025
2. ‡Palacios D, Atkinson P, **Cunha KJ**. Cardiac Ablation in a Collegiate Level Athlete: A Clinical Case Report. National Athletic Trainers' Association Clinical Symposia & AT Expo. June 2024

Regional Peer-Reviewed

3. ‡Haydel J, Kern A, Willis D, Benson A, **Cunha KJ**, Hirschhorn R. Bilateral ACL ruptures in football players: A case study and examination of functional differences and associated factors [Poster & Rapid fire presentation]. Southeast Athletic Trainers' Association EducATion Experience & Expo, Atlanta, GA. February 2025

Invited

4. **Cunha KJ**. Mental Health First Aid for the Athletic Trainer. Louisiana Athletic Trainers' Association Annual Clinical Symposium and Business Meeting. Baton Rouge, LA. June 2026
5. **Cunha KJ**, Green RM, Hebert E, Bryan C. Get Ready, Get Set, Go to Grad School! Louisiana Association for Health, Physical Education, Recreation, and Dance (LAHPERD) Conference, Baton Rouge, LA. June 2022

TEACHING EXPERIENCE

Instructor of Record

MS in Athletic Training, School of Kinesiology, College of Human Sciences and Education, Louisiana State University, Baton Rouge, LA

ATRN 7001 Introduction to Athletic Training Clinical Practice

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ATRN 7002 Protective Taping and Bracing
ATRN 7102 Foundations of Patient Assessment
ATRN 7200 Athletic Training Clinical Practice II
ATRN 7203 Therapeutic Rehabilitation
ATRN 7402 Athletic Training Clinical Skills II
ATRN 7400 Athletic Training Clinical Practice IV
ATRN 7401 Management of Nutrition & Psychosocial Conditions

BS in Kinesiology, School of Kinesiology, College of Human Sciences and Education, Louisiana State University, Baton Rouge, LA

ATRN 2000 Emergency Medical Response
KIN 2400 Introduction to Sports Medicine
KIN 2509 Medical Terminology for Kinesiology
KIN 3000 Clinical Observation in Athletic Training
KIN 4501 Special Topics in Kinesiology: Corrective Exercise Programming

MS in Athletic Training, Department of Kinesiology and Health Studies, College of Nursing and Health Sciences, Southeastern Louisiana University, Hammond, LA

ATHT 612: Emergency Care in Athletic Training
ATHT 613: Emergency Care in Athletic Training Lab
ATHT 621: Foundational Anatomy
ATHT 622: Strength and Conditioning Programs
ATHT 625: Clinical Experiences II
ATHT 631: Therapeutic Modalities
ATHT 632: Therapeutic Rehabilitation
ATHT 635: Clinical Experiences III

BS in Athletic Training, Department of Kinesiology and Health Studies, College of Nursing and Health Sciences, Southeastern Louisiana University, Hammond, LA

ATHT 425: Athletic Training Clinical Skills II
ATHT 462: Administration and Psychosocial Aspects of Athletic Training

BS in Kinesiology, Department of Kinesiology and Health Studies, College of Nursing and Health Sciences, Southeastern Louisiana University, Hammond, LA

KIN 275: Anatomical Kinesiology

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Graduate Teaching Assistant

Doctor of Athletic Training, Department of Applied Physiology & Kinesiology, College of Health and Human Performance, University of Florida, Gainesville, FL

ATR 7210c: Evidence-Based Musculoskeletal Examination I

ATR 7211c: Evidence-Based Musculoskeletal Examination II

ATR 7229c: Diagnostic Imaging for Athletic Trainers

Undergraduate Teaching Assistant

BS in Athletic Training, Department of Physical Therapy and Human Movement Science, College of Health Professions, Sacred Heart University, Fairfield, CT

AT 129: Clinical Practicum I

BS in Exercise Science, Department of Physical Therapy and Human Movement Science, College of Health Professions, Sacred Heart University, Fairfield, CT

EX 255: Nutritional Aspects of Health and Human Performance

Orientation Programs & First Year Experience, Sacred Heart University, Fairfield, CT

FYE 101: First Year Experience

Invited Lectures

Athletic Trainers and the Sports Medicine Team. Invited Lecture for Louisiana State University Health Occupations Students of America, Baton Rouge, LA (Fall 2025)

Pre-Athletic Training and the Pathway to Graduate Programs. Invited Lecture for the Louisiana State University Kinesiology Club, Baton Rouge, LA (Spring 2024).

Prevention of Ankle Injuries in Ballet Dance. Invited Lecture at Tari's School of Dance, Baton Rouge, LA (Spring 2024)

Athletic Training: Historical Perspectives and Future Opportunities. Invited lecture for KIN 120 Foundations of Kinesiology at the Department of Kinesiology and Health Studies, Southeastern Louisiana University, Hammond, LA (Fall 2022)

Reducing Intentional Head-First Contact Behavior in American Football Players: An Evaluation of the 2004 and 2022 NATA Position Statements. Invited lecture for ATR 7211c: Evidence-Based Musculoskeletal Examination II, University of Florida, Gainesville, FL (Spring 2022)

Essentials of Stretching and Flexibility. Invited lecture for Dance Master Class Series at the School of Theatre and Dance, University of Florida, Gainesville, FL (Spring 2022)

Nutrition Choreography. Invited lecture for Dance Master Class Series at the School of Theatre and Dance, University of Florida, Gainesville, FL (Fall 2021)

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Emergency action planning for dance educators. Invited lecture for DAE 4300 Dance Teaching Methods at the School of Theatre and Dance, University of Florida, Gainesville, FL (Fall 2021)

PROFESSIONAL HONORS AND AWARDS

Regional

Eastern Athletic Trainers' Association

Recipient, Student Scholarship Program, 2017

University

Sacred Heart University

Recipient, Gold Medal of Excellence in Athletic Training, 2020

Recipient, Pioneer Award, 2016

OFFICES HELD IN PROFESSIONAL SOCIETIES

National

Reviewer, Journal of Sports Rehabilitation; 2022-Present

Member, Dance and Theatre Committee, American Medical Women's Association; 2021-2023

Performing Arts Athletic Trainers' Society; 2020-Present

Performing Arts Medicine Association; 2020-Present

Member, National Athletic Trainers' Association; 2018-Present

Regional

Member, Southeast Athletic Trainers' Association Scholarship Committee; 2025-Present

Member, Southeast Athletic Trainers' Association Quiz Bowl Committee; 2023-Present

Member, Southeast Athletic Trainers' Association; 2020-Present

Member, Eastern Athletic Trainers' Association; 2018-2020

State/Local

Member, Louisiana Athletic Trainers' Association; 2023-Present

Member, Louisiana Association for Health, Physical Education, Recreation, and Dance; 2022-2024

Member, Athletic Trainers' Association of Florida; 2020-2023

Member, Committee of Practice Advancement (COPA), Athletic Trainers' Association of Florida; 2021-2022

Member, Connecticut Athletic Trainers' Association; 2018-2020

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OTHER PROFESSIONAL ACTIVITIES AND SERVICE

Professional Certifications

Certified Athletic Trainer, Board of Certification #2000038685
Licensed Athletic Trainer, Louisiana State Board of Medical Examiners #332261
National Provider Identifier (NPI), #1649788118
BLS Provider, American Heart Association; Exp. July 2027
BLS Instructor, American Heart Association, #24014088406
Corrective Exercise Specialist, National Academy of Sports Medicine; 2025-Present
Adult Mental Health First Aid Provider, National Council for Mental Wellbeing; 2024-Present
Adult Mental Health First Aid Instructor, National Council for Mental Wellbeing; Exp. August 2027
Suicide Prevention Gatekeeper, QPR Institute; 2024-Present
Level I Certified Instructor, Progressing Ballet Technique; 2021-2024)

University Service

Louisiana State University

Member, Faculty Senate; 2026-Present
Faculty Advisor, Louisiana State University Athletic Training Student Association; Fall 2023 Present
Instructor, Hands Only CPR, LSU Athletics; Spring 2024-Present
Member, LSU Safe Space Ally Training; Fall 2023

University of Florida

University of Florida School of Theatre and Dance Functional Movement, and Flexibility Screening; 2021
University of Florida Reserve Officer Training Corps Functional Movement, and Flexibility Screening; 2021

School/ College Service

Louisiana State University

School of Kinesiology, College of Human Sciences and Education

Coordinator, Pre-Athletic Training Concentration; 2024-Present
Member, Kinesiology Faculty Learning Community; 2024-2025
Member, Graduate Scholarships Committee; Fall 2024
Member, Search Committee for Open-Rank Tenure-Track Faculty Position in the area of Behavioral, Psychological, and Pedagogical Sciences; Fall 2023

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Member, MS in Athletic Training Graduate Application Review Committee; Fall 2023-Present

Preceptor, MS in Athletic Training Program; Fall 2023-Present

Southeastern Louisiana University

Member, MS in Athletic Training Graduate Application Review Committee; Spring 2023

Member, College of Nursing and Health Sciences College Curriculum Committee; 2022-2023

Contributor, Commission of Accreditation of Athletic Training Education Annual Report; 2022-2023

Member, ASK Kinesiology and Health Studies Conference Committee; 2022-2023

Member, Kinesiology and Health Studies Social Media Committee; 2022-2023

Community Engagement

Member, Heart Safe Community of Louisiana Coalition, Baton Rouge, LA; 2023-Present

Medical Volunteer, Louisiana Marathon, Baton Rouge, LA; 2022

New Course Development

Louisiana State University

Cunha KJ. Undergraduate-level Kinesiology course, College of Human Sciences and Education.
Developed and proposed, Fall 2024. Accepted Spring 2025.

Corrective Exercise Programming (KIN 4501)

Student Advising and Mentoring

Louisiana State University

Master's Student Non-Thesis Committee Member, Master of Science in Athletic Training, 2024-Present

2022-2024

Rontavia Aranga
Aryana Brandt
Erika Clark
Haley Hanson

Alexis Luke
Aubrie Medlin
Daniela Palacios
Trinity Saltaformaggio

2023-2025

Mary Malone Adcock
Madison Cimaroli
Haylee Coulson
Lauren Geiger

Gillian Griffith
Jordan Haydel
Cameron Hebert

2024-2026

Siyana Begey
Cameron Besse
Dakota Jackson
Ashley Konopada

Derrek Lathon
Bobbie Lyons
Danielle Meza
Ahn Mire

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Professional Development Symposium/Conferences

National/International

2024 National Athletic Trainers' Association Clinical Symposium (New Orleans, LA)
2023 National Athletic Trainers' Association Clinical Symposium (Indianapolis, IN)
2022 National Athletic Trainers' Association Clinical Symposium (Philadelphia, PA)
2022 Commission on Accreditation of Athletic Training Education Conference (Atlanta, GA)
2021 Virtual National Athletic Trainers' Association Clinical Symposium

District/Regional

2023 Southeast Athletic Trainers' Association Symposium (San Destin, FL)
2022 Southeast Athletic Trainers' Association Symposium (Atlanta, GA)

State/Local

2025 Louisiana Athletic Trainers' Association Summer Education Symposium and Annual Business Meeting (Baton Rouge, LA)
2024 Louisiana Athletic Trainers' Association Summer Education Symposium and Annual Business Meeting (Baton Rouge, LA)
2022 Louisiana Association for Health, Physical Education, Recreation, and Dance (LAHPERD) Conference (Baton Rouge, LA)